


## STARTERS

**Nachos**   3.95  
With cheddar cheese, sour cream, guacamole, salsa & jalapeños

*add beef or bean chilli £1.75*

**Nachos Sharer**   6.95

*add beef or bean chilli £3.50*

**Hummus**  4.95

Carrots, hummus, olives & tortilla

**Halloumi Bites**   4.50

with sweet chilli dip

**Scotch Egg**  5.95

Pork & chorizo scotch egg served with spicy tomato & caramelised onion chutney & rocket

**Southern Chicken** 4.95

Pieces of tender chicken breast in a coating with a choice of sauce: Sticky BBQ, Spicy BBQ, Peri Peri , Sweet Chilli  or Sweet Curry

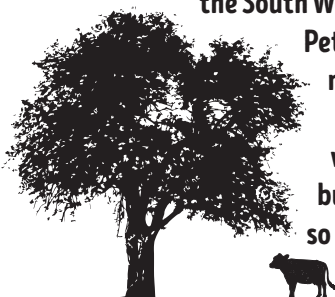
**Mozzarella Sticks**  4.95

With a choice of sauce: Sticky BBQ, Spicy BBQ, Peri Peri, Sweet Chilli or Sweet Curry

## BURGERS

WITH FRIES & COLESLAW UPGRADE TO SWEET POTATO OR CURLY FRIES £1

Our burgers come from happy Red Ruby cows that roam free range on hills in the South West. They only eat grass, and grow to a decent age. Our farmer Peter takes a lot of care to provide us with mince to our exact requirements. The farm uses techniques that go beyond the organic label (ask a member of staff). It's dry aged for four weeks before being sent to us. We then simply hand shape the burgers & cook them fresh to order so please anticipate a short wait.



 **Gluten free buns are available with all of our burgers** 60p supplement

### LIGHTEN UP!

All of our burgers are available without the bun. Just ask your server & we'll change it for a salad

**GO GURT:** ADD AN EXTRA CHICKEN BREAST OR BEEF PATTY & MORE OF THE GOOD STUFF

**Cow & Apple Classic** 9.50 **GO GURT** 13.50  
Beef patty, ketchup, mustard & cheddar cheese

**Sloppy Cow** 12.50 **GO GURT** 17.50  
Beef patty topped with chilli con carne, smoked cheese, jalapeños & nachos

**The Combine** 11.00 **GO GURT** 16.00  
Beef patty with cheddar cheese, bacon, onion rings, BBQ sauce, lettuce, tomato & red onion

**Woodland Burger** 10.90 **GO GURT** 15.90  
Beef patty with portobello mushroom, blue cheese, rocket salad & balsamic glaze

**Piggy Back** 10.90 **GO GURT** 15.90  
Beef patty with bacon, brie & caramelised onion

**Farmer's Wife** 10.50 **GO GURT** 15.50  
Beef patty with lettuce, tomato, spicy cheese, jalapeños & spicy bbq sauce

**Gurt Burger** 16.90 **GO GURT** 21.90  
Double patty with pulled pork, bacon, cheddar cheese, onion rings & sticky bbq sauce

**Chicken Breast Burger** 9.90 **GO GURT** 13.90  
With lettuce, tomato, chorizo & mayo

**Chicken Curry 'n' Chips** 9.90 **GO GURT** 13.90  
Chicken in curry sauce, chips, lettuce & tomato

**Falafel Burger**  8.90 **GO GURT** 13.90  
With lettuce, tomato, onion, roasted red pepper, mayo and spicy tomato & onion chutney

**Mushroom Burger**  8.90 **GO GURT** 13.90  
Portobello mushroom, goats cheese, balsamic glaze & rocket

**Smoked Mushroom**  8.90 **GO GURT** 13.90  
Portobello mushroom, smoked cheese, sun-dried tomatoes, mayo & rocket salad

**Halloumi Burger**  8.90 **GO GURT** 13.90  
With lettuce, tomato and sweet chilli sauce

**Bhaji Burger**  10.50 **GO GURT** 15.50  
Onion bhaji, goats cheese, rocket & spicy tomato & onion chutney

### PROPER GURT 32.00

Take on the the gurt burger with extra chicken & beef with chilli cheese fries on the side & a milkshake to wash it down.

See our table cards for for the latest offering

your **BURGER**  
OF THE  
MONTH

chef's **SPECIAL**

### LOAD MY FRIES WITH...

Pulled pork 1.75 Beef or Bean Chilli 1.75 Cheddar Cheese .75p

See our facebook page to make your own suggestion.

# COW & APPLE

## TACOS 3 soft shell tacos

WITH FRIES & COLESLAW UPGRADE TO SWEET POTATO OR CURLY FRIES £1

**Pulled Pork** 9.90

with sticky BBQ sauce, lettuce & tomato

**Chicken Breast** 9.90

with lettuce, tomato & a choice of  
Spicy BBQ / Sticky BBQ / Peri Peri / Sweet Chilli / Curry Sauce

**Mushroom & Goats Cheese** 9.90

with rocket salad & balsamic glaze

**Beef Chilli** 10.90

with lettuce, cheese, sour cream, guacamole & salsa

## SAUSAGE Gooselade Farm pork sausage

WITH FRIES UPGRADE TO SWEET POTATO OR CURLY FRIES £1

**Classic** 7.90

Gurt sausage served in a toasted bun  
with caramelised onion & coleslaw

**Beef Chilli** 9.90

Gurt sausage served in a toasted bun  
with beef chilli & crumbled nachos

**Pulled Pork** 9.90

Gurt sausage served in a toasted bun  
with BBQ pulled pork & coleslaw

**Fish Finger Roll** 8.95

Breaded Haddock fillet with lettuce, mayo & cheddar cheese  
in a bun. Served with fries & coleslaw



FIND A NEW  
FAVOURITE

Six different third of a pints 8.25

See behind the bar or ask your  
server for the current offering



Made without gluten containing ingredients, but please be  
aware our kitchen handles gluten containing ingredients

## SIDES

**Fries** GF 2.50

**Sweet Potato Fries** GF 3.50

**Curly Fries** 3.00

**Onion Rings** 2.50

**Coleslaw** 2.00

**Chilli Beans** GF 2.00

**House Salad** GF 2.50

add a sauce .50p

Spicy BBQ / Sticky BBQ / Sweet Chilli / Peri Peri / Curry Sauce

## ADD TO YOUR SIDE

Beef Chilli 3.50

Pulled Pork 3.50

Cheese 1.50

\* EXTRA OPTIONS AVAILABLE ON OUR \*  
VEGAN FRIENDLY MENU

## £10 MIDWEEK MEAT UP

**BURGER** or **TACO**  
or **SAUSAGE**

with  
**FRIES**

&  
**A DRINK**

Wednesdays

T&C's apply